



SUMMER CRUSH IT!

HIGH PERFORMANCE JUNIOR TENNIS

Take your child's tennis game to the next level by signing him/her up for LIRC Summer **CRUSH IT** Junior Tennis classes. Classes will consist of: 10 minutes dynamic movement warm up with no racquet, 10 minutes warm up exercise with racquet, 30 minutes groundstroke control exercises, 20 minutes serves and returns exercises, 30 minutes volleys control exercises, 30 minutes dead ball drills or full drill exercises, 40 minutes match play and 10 minutes of cooldown exercises. All level players are welcome to join. Any other questions please call the desk at 502-426-2454.

Reserve your spot today by filling out registration on the back!

COACHES:

CARLOS JIMENEZ, CARLOS
CASTELLANOS
AND
NATHAN GOODMAN

TIME: 1:00-4:00 PM.

TUESDAY WEDNESDAY
THURSDAY

WEEKS OF JUNE 7TH THRU
JULY 28TH

1 DAY/WEEK \$395.00

2 DAYS/WEEK \$725.00

3 DAYS/WEEK \$1008.00

SUMMER JUNIOR PASS INCLUDED WITH
2 OR 3 DAY SIGN UP

LOUISVILLE INDOOR RACQUET CLUB

8609 Westport Road

Louisville, KY 40242

502-426-2454

www.lirctennis.com

